

VIXENZ

AUCKLAND WOMEN'S ULTIMATE

Vixenz 2012 Competitive Season

This year there will be two Vixenz teams within the club, please read below for descriptions of the two teams and how to express your interest in joining.

Vixenz

Vixenz will train twice a week and compete at the highest level within New Zealand. The team's goal this year is to win Nationals.

To play on **Vixenz** you must be able to commit to:

- Playing at Nationals on the 24/25 of March 2012 (held in Auckland)
- Saturday morning and Tuesday evening trainings from the 14th of January.

Players should express their interest in joining the team (see below) and then all interested players will go through a selection process. Selectors will look at:

- Ability to commit to nationals and the trainings specified above as well as a team code of conduct
- Level of skill and fitness
- Fit within the team (position on the field)

Based on the level of interest in this team, a trial may be scheduled in December. The selectors for the team will be the Vixenz Coach/Captain, Vixenz DS Coach and an independent selector from outside of the club.

Vixenz DS

Vixenz DS (Development Squad) will give intermediate and beginner players a place to receive coaching and be part of a team that encourages learning and personal growth in the sport.

Vixenz DS will also welcome experienced players who would like to play within this team culture. The team will compete in Nationals with the goal of being competitive and giving its players experience playing at this level.

To play on **Vixenz DS** you must be able to commit to:

- Playing at Nationals on the 24/25 of March 2012 (held in Auckland)
- Saturday morning trainings from the 14th of January.

Players who are unable to play Nationals but who would like to attend regular trainings should express interest and will be considered for the team based on squad size.

There will not be selections for this team, but the squad will be limited to those players willing to commit to trainings and the team code of conduct. The squad may have to be limited in size.

How to join:

To express your interest in either Vixenz team please email vixensultimate@gmail.com with the following information by **Friday, the 18th of November:**

1. The team you would like to play for
2. If you are able to commit to playing Nationals on the 25/26 March in Auckland
3. If you are able to commit to the relevant training schedule
4. The position you like to play
5. Current level of fitness

Please note that there will be costs associated with joining the club including a \$30 club fee that goes towards training grounds and development, there will also be additional costs associated with tournament fees and kit.

Email any questions you have about the club, the team structure or the upcoming season to vixensultimate@gmail.com.

Returning club players we ask to renew their commitment to Vixenz by expressing their interest in the team that they would like to play for.

Email: vixensultimate@gmail.com Website: vixensultimate.wordpress.com

Facebook group: [Vixenz - Auckland Women's Ultimate](#)